
Scott Gregory

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Summary

An engaging workshop facilitator with extensive experience in the areas of mindfulness, expressive movement, communication, improv theater, and therapeutic touch, utilizing a progressive and trauma-informed framework. Expert in the mindfulness practices of Circling and Ecstatic Dance.

Education

University of Florida Bachelor of Arts, Classical Studies	2008	Experiencing the Nature of Being	2014
		Contemplation intensive at the Cheng Hsin Center	
Avalon School of Massage State Licensure Program	2013	Authentic Leadership Training	2016
		Authentic Relating event facilitator training	
		Emotional Trauma First Aid	
		Identify and respond appropriately to trauma activation in event spaces	2018

Skills

Proficient with video capture and production using the Adobe Creative Suite.
Familiar with Ableton Live, MaxMSP, TouchDesigner, and Unity.

Facilitation Experience

