## Scott Gregory

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## Summary -

An engaging workshop facilitator with extensive experience in the areas of mindfulness, expressive movement, communication, improv theater, and therapeutic touch, utilizing a progressive and trauma-informed framework. Expert in the mindfulness practices of Circling and Ecstatic Dance.

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University of Florida Bachelor of Arts, Classical Studies	2008	Experiencing the Nature of Being Contemplation intensive at the Cheng Hsin Center	2014	
		Authentic Leadership Training  Authentic Relating event facilitator training	2016	
Avalon School of Massage State Licensure Program	2013	Emotional Trauma First Aid  Identify and respond appropriately to trauma activation in event spaces	2018	

Skills -

Proficient with video capture and production using the Adobe Creative Suite. Familiar with Ableton Live, MaxMSP, TouchDesigner, and Unity.

———— Facilitation Experience ————				
•	2013			
Authentic Relating Houston   Houston, TX	2013			
Head Facilitator at weekly Authentic Relating events				
Houston Freestyle Dance Collective   Houston Freestyle Dance Collective Houston, TX  Founder and Facilitator of weekly Ecstatic Dance event	2014			
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Authentic Relating Hanoi   Hanoi, Vietnam	2015			
Founder and Facilitator of weekly Authentic Relating and Circling events				
Unbounded Space  Hanoi, Vietnam				
Event Design and Facilitation	2016			
Authentic Revolution   Austin, TX.	1			
Head Facilitator at weekly Authentic Relating events	2017			
Present Company • Austin, TX.				
Founder, produced Authentic Relating workshops for high school students and teachers	1 2010			
	2018			
Houston Polyamory Discussion Group   Houston, TX				
Head Facilitator for 3 day Authentic Relating retreat	2019			
My Goodness • Austin, TX	. 2017			
My Goodness   Austin, TX  Lead Facilitator of embodied Circling events				
Lead Facilitator of embodied Circling events	2020			
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